



NEW PARADIGMS IN CV TREATMENT

London 01-03 February 2024

Hilton London Kensington

Address: 179-199 Holland Park Ave, London W11 4UL, Regno Unito

SCIENTIFIC RATIONALE

There is compelling evidence that in patients with cardiovascular disease, and in subjects with an increased risk of developing cardiovascular events, comprehensive risk factor management result in improved clinical outcomes, including increased survival and improved quality of life. Several studies have demonstrated that multiple risk factors have a major impact on the general population and that their multimodal modification will decrease incidence of coronary heart disease.

Despite improved knowledge in recent years and useful clinical guidelines issued by International societies, the vast majority of patients and individuals at risk are not adequately treated. There are many reasons for this including different social, financial, and health care conditions in different countries.

The workshop, aimed at practicing specialist cardiologists and internal medicine specialists, will endeavor to provide the pathophysiological basis for a better understanding of currently proposed treatments and preventative measures. The attendees will be updated on the importance of novel risk factors for cardiovascular and cerebrovascular disease and innovative approaches to improve treatment and prevention. Experts will discuss current International guidelines and ways of applying their recommendations to patients in everyday clinical practice. It is expected that attendees will gain insight into modern assessment of patient cardiovascular risk, prevention and management strategies in IHD, stroke and atrial fibrillation.

SCIENTIFIC PROGRAMME CHAIRS

Professor Giuseppe Rosano

Professor of Cardiology

Cardiology Clinical Academic Group

St George's University Hospitals NHS Foundation Trust, London, UK

Professor Maurizio Volterrani

Head, Cardiac Rehabilitation Unit

IRCSS San Raffaele, Rome, Italy

INVITED FACULTY

Leonardo Caló - Roma (Italy)

Antonio Cannata - London (UK)

Claudio Ceconi - Desenzano Del Garda (BS)

Marco Matteo Ciccone - Bari (Italy)

Gennaro Cice - Napoli (Italy)

Roberto Ferrari - Ferrara (Italy)

Ciro Indolfi - Catanzaro (Italy)

Juan Carlos Kaski - London (UK)

Giuseppe Maltese - London (UK)

Piera Angelica Merlini - Milano (Italy)

Francesco Papalia - London (UK)

Pasquale Perrone Filardi - Napoli (Italy)

Translational Medicine Academy

TMA Foundation - Headquarter: Picassoplatz 8, 4052 Basel, Switzerland – CH-270.07.003.107-4 - info@tmacademy.org



Giuseppe Rosano - London (UK)
Riccardo Sarzani - Ancona (Italy)

Cristiana Vitale - London (UK)
Maurizio Volterrani - Roma (Italy)

SCIENTIFIC PROGRAMME

1st February 2024

17:00 – 17:30 Registration

17:30 – 18:00 Introduction and welcome message
G. Rosano (UK), M. Volterrani (Italy)

Session 1

NEW PARADIGMS IN CV TREATMENT: Cardiovascular Disease Prevention

Chairs: M. Volterrani (Italy) – G. Rosano (UK)

18:00 – 18:30 Cardiovascular Disease Prevention: what can be achieved with aggressive risk factor management
C. Ceconi (Italy)

18:30 – 19:00 Glucose lowering drugs. Effective at last!
G. Maltese (UK)

19:00 – 19:30 Discussion

19:30 End of session – day 1

2nd February 2024

09:00 – 09:05 Introduction
G. Rosano (UK)

09:05 – 09:30 Innovations in Coronary Artery Disease
R. Ferrari (Italy)

Session 2

PERIPHERAL VASCULAR DISEASE

Chairs M. Ciccone (Italy) – M. Volterrani (Italy)

09:30 – 09:55 The continuum from venous to arterial vascular disease
C. Vitale (UK)

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09:55 – 10:20 Detection of peripheral vascular disease for risk stratification in patients with increased cardiovascular risk

P. Perrone Filardi (Italy)

10:20 – 10:45 Interactive discussion

10:45 – 11:15 Coffee break

Session 3

ADVANCES IN LIPID TREATMENT

Chairs: R. Ferrari (Italy) – A. Cannata (UK)

11:15 – 11:40 Hypolipidemic treatment in patient with renal failure

G. Cice (Italy)

11:40 – 12:05 The need to simplify treatment in high-risk patients

R. Sarzani (Italy)

12:05 – 12:30 Reduce LDLs without wasting time: a simple path!

P. Merlini (Italy)

12:30 – 12:55 Discussion

12:55 – 14:00 Light Lunch

Session 4

FOCUS ON PATIENTS WITH HIGH CV RISK

Chairs: P. Perrone Filardi (Italy) – M. Volterrani (Italy)

14:00 – 14:25 LDL-C causal factor of atherosclerotic cardiovascular disease

C. Ceconi (Italy)

14:25 – 14:50 Lipid management in patients with increased cardiovascular risk

P. Perrone Filardi (Italy)

14:50 – 15:15 Fixed-dose combinations to achieve LDLc targets

G. Rosano (UK)

15:15 – 15:40 Discussion

Session 5

UPDATE ON THE MANAGEMENT OF CORONARY ARTERY DISEASE

Chairs: C. Indolfi (Italy) – M. Volterrani (Italy)

15:40 – 16:05 ESC Guidelines on the treatment of Chronic Coronary Disease
A. Cannata (UK)

16:05 – 16:30 A new approach to the management of angina
J.C. Kaski (UK)

16:30 – 16:55 Therapeutic options how to individualise treatments
M. Volterrani (Italy)

16:55 – 17:20 Discussion

Session 6

Chair: F. Papalia (UK) – A. Cannata (UK)

17:20 – 17:45 Update on the management of cardiomyopathies
TBD

17:45 – 19:45 Case-based group presentations 1
Moderated interactive clinical case group discussions

Moderators: M. Volterrani (Italy) - C. Ceconi (Italy)

- Lipid management in a patient at increased cardiovascular risk
- Management of a patient after an acute coronary syndrome
- A patient with dyspnoea

19:45 End of session – day 2



3rd February 2024

09:00 – 09:05 Introduction
M. Volterrani (Italy)

Session 7

09:05 – 10:05 Case-based group presentations 2
Moderated interactive clinical case group discussions

Moderators: C. Ceconi (Italy) - G. Cice (Italy)

10:05 – 10:35 Lipid lowering in CV primary prevention
G. Maltese (UK)

10:35 – 11:05 Missed lipid target in post ACS patients using statins/ezetimibe
P. Perrone Filardi (Italy)

11:05 – 11:35 Cardioversion in newly diagnosed AF patients
L. Calò (Italy)

11:35 – 12:00 Closing remarks and take-home messages
M. Volterrani (Italy)

12:00 End of workshop

GENERAL INFORMATION

DATE & PLACE

London

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HEALTHCARE ORGANIZATION

TMA Translational Medicine Academy

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The non-CME event targets the following categories:

Profession: Physicians

Reserved to the following categories: Cardiology, Geriatrics, General Medicine, Metabolic Diseases and Diabetology, Internal Medicine, Nephrology, Respiratory Diseases, Oncology, Cardiosurgery, Vascular Surgery, Interventional Cardiology, Infectious Diseases.

Number of participants: 80

Official congress language: English

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